

Study Suggestions

- ★ Try to get all of your basic required courses out of the way first.
- ★ Talk to your professors. Let them know what your interests are. Sometimes a simple discussion can open new roads for you and help make college more interesting.
- ★ You know when you feel like studying. Don't tell yourself you're ready if you're not. Be prepared, alert and have a desire to learn. Don't read just because you have to.
- ★ Make your study area comfortable and relaxing...but not too comfortable. Try residence hall study lounges, classrooms, nearby coffee shops, or even the library.
- ★ After you have decided on what you plan to study, preview the chapters and decide when to study the material that may not be as interesting to you, first or last.
- ★ Fit your studies into your own life. Even that absolutely worthless required course can be made meaningful if you link the information from the course to your personal life.
- ★ Your attitude affects your performance in class. If you think you'll do lousy, you usually will. Be Positive!
- ★ Set up a study schedule. Realistically figure out what you want to do during the day and how much time you want to devote to studying. Give yourself time to relax & live.
- ★ Don't study one subject for more than an hour or so at one time. You'll get bored and lose your concentration.
- ★ When you honestly feel that you have studied everything necessary for the day, stop.
- ★ When you first arrive at class, don't head to the back of the room, prop your feet up on a chair and dissolve into the furniture. Select a chair toward the front of the room.
- ★ If possible, review your notes right after class while the lecture is still fresh in your mind. Add examples and clarify when necessary.